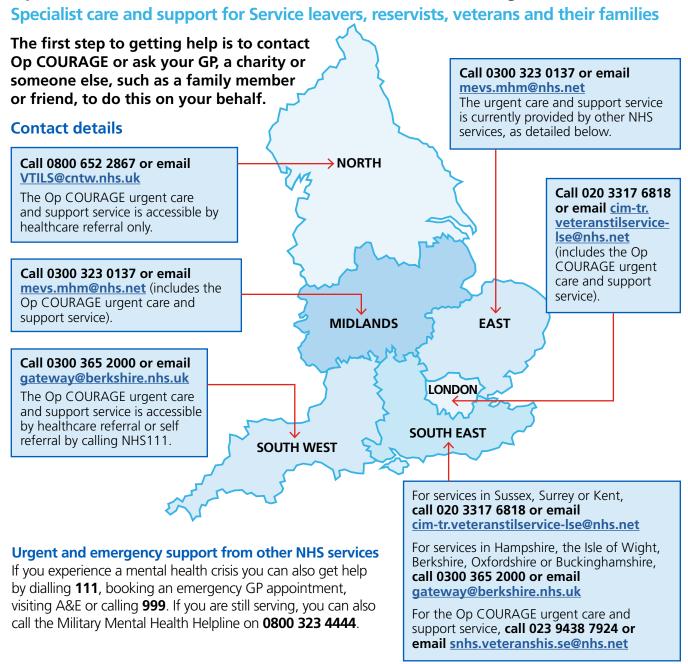




## The Veterans Mental Health and Wellbeing Service

## The first call for help takes courage

Op COURAGE: The Veterans Mental Health and Wellbeing Service



## Register with a GP

If you've left the military, it is important to register with an NHS GP and tell them that you've served in the Armed Forces so you can access dedicated services for veterans. To find your nearest GP visit <a href="https://www.nhs.uk">www.nhs.uk</a>.

For further information on Op COURAGE: The Veterans Mental Health and Wellbeing Service, visit: www.nhs.net/opcourage